

3.7. Healthcare

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For detailed information on healthcare system in Nigeria, including access and availability of medical treatment, see [EUAA Medical Country of Origin Information \(MedCOI\) Report: Nigeria, April 2022](#).

Nigeria's NBS household survey indicated that by August 2024, the most common medical consultation facilities used by Nigerians are chemist shops (36.6 % of females and 40.7 % of males), which are widespread relied upon, followed by hospitals (22 % of females and 25.7 % of males).[1184](#) The least visited facilities were consultants' homes, patients' homes, and traditional and faith-based healers. The NBS survey also pointed out that not seeking medical attention is an increasing tendency in Nigeria (9.9 % of females and 9.7 % of males), particularly in rural areas, with main reasons including that the illness was not serious enough (70.3 % of cases) and the cost associated with a medical visit (21.6 %). The same source indicated that in 63.9 % of visits to a health practitioner, dentist, or traditional healer, patients were not charged, while those who had to pay, paid an average of 2 473 Naira per visit [1.4 Euros].[1185](#) The average out-of-pocket hospitalisation costs per person was 44 189 Naira [24.6 Euros], and the average out-of-pocket cost for medications was 5 083 Naira [2.8 Euros].[1186](#)

According to PwC, Nigeria's per capita expenditure in healthcare in 2024 was 6 361 Naira [3.53 Euros], which represented 0.6 % of the GDP, far below the 6 % recommended by the World Health Organization (WHO). Also, out-of-pocket payments accounted for over 70 % of total healthcare spending, particularly affecting low-income households. The same source pointed out that due to poor healthcare, productivity losses amount to 1 % of GDP annually.[1187](#)

According to the UNFPA, Nigeria's average life expectancy for 2025 was 55 years for women and 54 years for men.[1188](#) Germany's BMZ indicated that the average life expectancy in 2024 was 53 years, one of the lowest in the world.[1189](#)

Cases of HIV[1190](#) and tuberculosis are common in Nigeria.[1191](#) and infant mortality is 'high'.[1192](#) UNICEF indicated that between January and April 2025, cholera outbreaks led to 1 149 suspected cases and 28 reported deaths in 25 states, with a fatality rate of 2.4 %.[1193](#) Nigeria's NBS household survey indicated that, by August 2024, the most common illness reported by people in Nigeria is malaria, with 66.8 % of reports, followed by typhoid (18.4 %).[1194](#) The survey also indicated that the prevalence of disability increases significantly after the age of 50, reaching its highest level at 65 years-old.[1195](#)

- [1184](#)

Nigeria, NBS, Nigeria General Household Survey - Panel (GHS-Panel) Wave 5 (2023/2024), 2024, [url](#), p. 18

- [1185](#)

Nigeria, NBS, Nigeria General Household Survey - Panel (GHS-Panel) Wave 5 (2023/2024), 2024, [url](#), p. 18

- [1186](#)

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PwC, 2025 Nigeria Budget and Economic Outlook, 2025, [url](#), pp. 59, 61

- [1188](#)

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- [1189](#)

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- [1190](#)

Lloyds Bank, Nigeria: Economic and Political Overview, May 2025, [url](#); UNICEF, Health & HIV, n.d., [url](#)

- [1191](#)

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- [1192](#)

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- [1194](#)

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- [1195](#)

Nigeria, NBS, Nigeria General Household Survey - Panel (GHS-Panel) Wave 5 (2023/2024), 2024, [url](#), p. 5

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