



3.7. Healthcare

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For detailed information on healthcare system in Nigeria, including access and availability of medical treatment, see [EUAA Medical Country of Origin Information \(MedCOI\) Report: Nigeria, April 2022](#).

Nigeria's NBS household survey indicated that by August 2024, the most common medical consultation facilities used by Nigerians are chemist shops (36.6 % of females and 40.7 % of males), which are widespread relied upon, followed by hospitals (22 % of females and 25.7 % of males).¹¹⁸⁴ The least visited facilities were consultants' homes, patients' homes, and traditional and faith-based healers. The NBS survey also pointed out that not seeking medical attention is an increasing tendency in Nigeria (9.9 % of females and 9.7 % of males), particularly in rural areas, with main reasons including that the illness was not serious enough (70.3 % of cases) and the cost associated with a medical visit (21.6 %). The same source indicated that in 63.9 % of visits to a health practitioner, dentist, or traditional healer, patients were not charged, while those who had to pay, paid an average of 2 473 Naira per visit [1.4 Euros].¹¹⁸⁵ The average out-of-pocket hospitalisation costs per person was 44 189 Naira [24.6 Euros], and the average out-of-pocket cost for medications was 5 083 Naira [2.8 Euros].¹¹⁸⁶

According to PwC, Nigeria's per capita expenditure in healthcare in 2024 was 6 361 Naira [3.53 Euros], which represented 0.6 % of the GDP, far below the 6 % recommended by the World Health Organization (WHO). Also, out-of-pocket payments accounted for over 70 % of total healthcare spending, particularly affecting low-income households. The same source pointed out that due to poor healthcare, productivity losses amount to 1 % of GDP annually.¹¹⁸⁷

According to the UNFPA, Nigeria's average life expectancy for 2025 was 55 years for women and 54 years for men.¹¹⁸⁸ Germany's BMZ indicated that the average life expectancy in 2024 was 53 years, one of the lowest in the world.¹¹⁸⁹

Cases of HIV¹¹⁹⁰ and tuberculosis are common in Nigeria.¹¹⁹¹ and infant mortality is 'high'.¹¹⁹² UNICEF indicated that between January and April 2025, cholera outbreaks led to 1 149 suspected cases and 28 reported deaths in 25 states, with a fatality rate of 2.4 %.¹¹⁹³ Nigeria's NBS household survey indicated that, by August 2024, the most common illness reported by people in Nigeria is malaria, with 66.8 % of reports, followed by typhoid (18.4 %).¹¹⁹⁴ The survey also indicated that the prevalence of disability increases significantly after the age of 50, reaching its highest level at 65 years-old.¹¹⁹⁵

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