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# Introduction to coaching

## Key information

## Learning outcomes & description

## Details

## Key information

**This module is not translated. It is available only in English.**

### Target group

**Asylum & reception officers, EUAA trainers and assessors**

### EQF/MQF level

**Level 6**

## Version

**Version 1 (2022)**

## Entry requirements

**Full qualification at EQF Level 5 or equivalent AND proficiency in English**

## Prerequisites

**n/a**

## Assessment

**No**

# Learning outcomes & description

## DESCRIPTION

**This module aims to provide learners with knowledge, skills and competences related to the application of a coaching approach in professional contexts and to distinguishing coaching from other**

**types of professional interventions.**

**It covers key coaching principles, techniques and tools, with a crosscutting focus on goal setting and SMART approach facilitating learning and responding effectively to professional situations in asylum and reception contexts.**

## LEARNING OUTCOMES

**At the end of this module, the learner will be able to:**

### ***Skills***

1. **Selectively apply techniques to ensure continuous improvement and development as a coach in a long-term process.**

### ***Competences***

2. **Plan and implement a coaching approach and techniques to reach a meaningful, action-oriented conclusion.**

## DELIVERY METHOD

**This module is delivered through a blended learning approach, combining online studies and face-to-face sessions.**

**The online component focuses on learning activities and interactive content about coaching, and face-to-face sessions focus on the application of the acquired knowledge and skills through different learning activities.**

# Details

| | ***Details*** |
|---|---|
| **Duration** | **10 hours online learning (self-paced)**<br>**3 days face-to-face** |

***Details***

**Language** **English**

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