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# Religion

According to the [QD](#), the concept of **religion** shall in particular include considerations of:

holding of theistic,  
non-theistic  
and atheistic beliefs

participation in, or abstention from, formal  
worship, in private or in public, either alone  
or in community with others

participation in, or  
abstention from,  
other religious acts or  
expressions of view

participation in, or abstention from, forms of  
personal or communal conduct based on or  
mandated by any religious belief

The ground of religion has a broad and flexible definition in accordance with the [QD](#), including the conduct based on or mandated by any religious belief, which may cover day-to-day behaviour, way of life, and community customs and mores.

Essential to this ground is also the assessment of the right not to practise a religion, to atheism or to change one's religion. It also includes the possibility to practise the religion in public, including the right to propagate the faith through proselytisation.

However, it should be noted that the exercise of harmful religious practices, which may affect a person's physical or psychological integrity, does not fall under the protection of international human rights and refugee law.