Please cite as: EUAA, 'Introduction to coaching' in *Training Catalogue*, August 2022.

Introduction to coaching

Key information

Learning outcomes & description

Details

Key information

This module is not translated. It is available only in English.

Target group

Trainers & senior experts of the European Asylum Curriculum

EQF/MQF level

Level 6

Version

Version 1 (2022)

Entry requirements

Full qualification at EQF Level 5 or equivalent AND proficiency in English

Prerequisites

n/a

Assessment

No

Learning outcomes & description

DESCRIPTION

This course aims to provide trainers and senior experts with a basic tool kit to familiarise themselves with coaching initiatives in an individual and group setting.

This course focuses on understanding the nature of coaching and how to distinguish it from other intervention techniques such as training or mentoring. The course also explores coaching as an approach to setting and achieving goals and expanding the knowledge and skills necessary to apply selected basic coaching techniques and tools.

LEARNING OUTCOMES

At the end of this module, the learner will be able to:

1. **Plan and implement a coaching approach and techniques to reach a meaningful, action-oriented conclusion**

2. **Selectively apply techniques to ensure continuous improvement and development as a coach in a long-term process**

DELIVERY METHOD

This course is delivered through a blended learning methodology (online and face-to-face). Online learning contains learning activities and interactive content about coaching, and the face-to-face sessions focus on the application of the acquired knowledge and skills through different learning activities.

ASSESSMENT STRATEGY

This module is not assessed.

Details

	Details
Duration	**10 hours online learning** **3 days face to face**

Details

Language **English**

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